

Services regularly available at community events:

- First aid & first aid awareness
- Naloxone (Narcan) training
- Personal protective equipment (PPE) promotion
- Cooling center & hydration support
- Emergency Preparedness App Promotion



GO Health VALOR MRC

Genesee and Orleans County Health
Departments (GO Health)
Volunteer Alliance Linking Our
Resources (VALOR)
Medical Reserve Corps (MRC)



“Volunteering is at the very core of being a human being. No one has made it through life without someone else’s help.”

*- Heather French Henry
(Designer and Veteran's Advocate)*

Help expand public health services and make our communities safer and more resilient by volunteering with our local MRC unit!

Safety trainings offered:

- Introduction to the Incident Command System (ICS 100)
- Psychological First Aid
- Stop-the-Bleed
- CPR/AED (certificate or hands-only)
- Fire Safety
- See Something, Say Something
- Basic Life Support for the Healthcare Provider
- ... and more!

**Learn More Online at
GOHealthNY.org/phep**



We Welcome Anyone Who Wants to Help:



Healthcare AND Non-healthcare Volunteers



People who volunteer regularly AND volunteers on standby to assist during emergencies

The National MRC

The Medical Reserve Corps (MRC) is a national network of volunteers with local units. MRCs are organized locally to improve the health and safety of their communities.

To become a member:

Step #1: New York State ServNY Registration

<https://www.apps.health.ny.gov/pub/servny>



Step #2: GO Health VALOR MRC Application

https://www.surveymonkey.com/r/MRC_Application



Ongoing “active” membership, which is necessary for service and deployment, also requires:

- Attending an in-person orientation/refresher session at least once every 3 years to review policies
- Background screening with validation of relevant licenses
- Completion of two online trainings

Connect with volunteer opportunities on local preparedness apps!



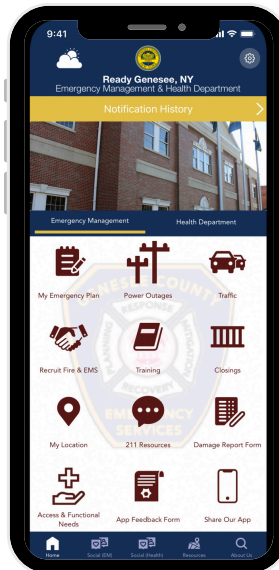
Ready Genesee



Orleans Aware

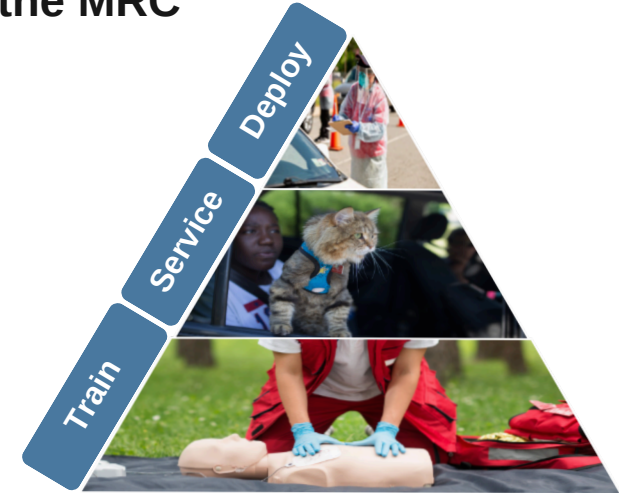


These emergency preparedness apps offer alerts, information, and resources available to the public. They are free to download using QR codes or searching on app or play stores.



“Only a life lived for others is worth living.”
- Albert Einstein (Theoretical Physicist)

Levels of Volunteering with the MRC



- Train:** Emergency medical and preparedness safety skills
- Service:** Support for planned community and public health events
- Deploy:** Response and assistance during emergencies and other times of urgent public health need

“Volunteers do not necessarily have the time; they have the heart.”
- Elizabeth Andrew (Author)