



Community and Online Resources

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| For Emergency | Do not wait, call for help if you are struggling. | 911 |
| For Crisis | Suicide & Crisis Lifeline Free, confidential emotional support and crisis counseling 24/7 | 988 |
| Orleans County Suicide Prevention Coalition | Nola Goodrich-Kresse, facilitator Nola.Goodrich-Kresse@orleanscountyny.gov Facebook page: https://www.facebook.com/OrleansCountySuicidePreventionCoalition | 585-589-3162 |
| Care+Crisis HelpLine of Genesee & Orleans Counties | Text - 741741 | 585-283-5200 |
| Orleans County Mental Health Services | https://www.orleanscountyny.gov/departments/mental_health_.php | 585-589-7066 |
| GOW Pathway to Hope | Genesee Orleans Wyoming Pathway to Hope Suicide Prevention Awareness / Prevention website: https://gowpathwaytohope.org/ Facebook page: https://www.facebook.com/GOWPathwaytoHope/ | |
| SafeTALK | SafeTALK is a brief workshop eligible to anyone age fifteen or older to lead a person who is thinking about suicide to the help they need. | 585-589-2754 to set up a training |
| Talk Saves Lives | A community –based presentation that covers the general scope of suicide, the research on prevention and what people can do to fight suicide. | 585-589-3162 to set up a training |
| Mental Health Association (MHA) of Genesee & Orleans County | www.mhago.org E mail: admin@mhago.org | 585-589-1158 or 585-344-2611 |
| Survivors of Suicide | Safe environment for those who have lost a loved one to suicide. | 585-344-2611 |
| National Suicide Prevention Life Line | www.suicidepreventionlifeline.org | 1-800-273- TALK(8255) |
| Suicide Prevention | www.preventsuicideny.org | |

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| Center of New York | | |
| American Foundation for Suicide Prevention | www.afsp.org Survivor Outreach Program available | |
| National Alliance on Mental Illness (Nami Rochester) | www.namiRoc.org Resources, tools, and guidance for individuals with mental illness and those who support them. | |
| Suicide Prevention Resource Center | www.sprc.org | |
| Substance abuse and Mental Health Services Administration | www.samhsa.gov | |
| Stop the Stigma ROC | Geared toward youth (ages 10-25) www.stopthestigmaroc.org | |
| Speaking of Suicide | A site for individuals with suicidal tendencies and their loved ones, survivors, mental health professionals. Site author is out of Denver, Colorado www.speakingofsuicide.com | |
| | For Veterans and their Families: | |
| PTSD | Batavia Staff | 585-297-1200 |
| | Building #5 At Buffalo VA Hospital | |
| MST Counseling | Batavia VA, Building 5, Room 121 | 585-297-1212 |
| | Buffalo VA, Floor 10B or Room 107C | |
| Veterans Crisis Line | www.veteranscrisisline.net/ | 988 press '1' or 1-800-273-8255 Press 1 |
| VA Mental Health | www.mentalhealth.va.gov/gethelp.asp | |
| VA Western New York Healthcare System H.O.P.E. Center | Women's Posttraumatic Stress Disorder (PTSD) Residential Program Health Opportunities for Peace and Empowerment http://www.buffalo.va.gov/BUFFALO/features/H_O_P_E_Opens_on_the_Batavia_VA_Campus.asp | |