The good news:

Lead poisoning is **100% preventable.**

Take these steps to make your home lead-safe.

- **Talk with your child’s doctor** about a simple blood lead test. If you are pregnant or nursing, talk with your doctor about exposure to sources of lead.

- **Talk with your local health department** about testing paint and dust in your home for lead if you live in a home built before 1978.

- **Renovate safely.** Common renovation activities (like sanding, cutting, replacing windows, and more) can create hazardous lead dust. If you’re planning renovations, use contractors certified by the Environmental Protection Agency (visit www.epa.gov/lead for information).

- **Remove recalled toys and toy jewelry from children and discard as appropriate.** Stay up-to-date on current recalls by visiting the Consumer Product Safety Commission’s website: www.cpsc.gov.

Visit www.cdc.gov/nceh/lead to learn more.