



GENESEE AND ORLEANS COUNTY HEALTH DEPARTMENTS

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If your rapid test result is positive:

- Stay home! You are on mandatory isolation for a minimum of 10 days. Health department staff may be delayed in contacting you with the details due to large volumes of positive cases.
- Stay separated from other family members who did not test positive. Use a separate bathroom and have meals brought to your room. Remember to wash your hands frequently.
- You will be contacted within a few days with further instructions and to check to see how you are doing.
- Please start writing down any contacts you may have had 48 hours before you started having symptoms or took the COVID-19 test. This will help health department staff with contact tracing and may help protect others from being exposed.
- If you start having symptoms, talk with your primary care provider and let them know you tested positive for COVID-19.
- If you need to seek emergency medical care, let whomever is taking you (hospital, primary care provider, ambulance, family, friend, etc.) know you tested positive for COVID-19 so they can take necessary precautions to limit the spread of the virus.

If your rapid test result is negative:

- This result is only good for the time the test was taken. It is important to continue to limit time in public and with non-household members to decrease your risk of exposure and decrease your spreading the virus if you have it. Many people are asymptomatic (not feeling sick) but can still spread the virus up to 48 hours before feeling sick or being tested.
- If you believe or were told you had contact with someone who tested positive and were potentially exposed, it may be too early to show up on the test results. It generally takes about 5 days before there is enough virus in your system to show up on a test swab.
- Continue to practice good handwashing, limit time out in public, keep at least 6' from others, including your household members if you believe you were exposed. Wear a face mask/covering when out in public and/or cannot keep at least 6' from others.
- Monitor your health a couple of times a day. Do you have a temperature over 100°? Are you experiencing any new symptoms similar to a cold? Have you lost your sense of taste and smell? Do you have a runny nose, sore/scratchy throat, headache, body ache, increased fatigue, etc.?